

## Policies and Procedures: Nappy and Toilet Training.

I am happy to accept babies and children in nappies. I will need you to provide me with the following:

- Nappies/Pull Ups
- Any cream that you use on your child (eg Sudocrem).
- Babywipes - if your child has sensitive skin.

I will provide a changing mat, which will be wiped over with disinfectant/antibacterial wipes between each use and nappy sacks for the disposal of used nappies. I will use gloves (normally latex) when changing your child's nappy to reduce risk. If your child is allergic to these please let me know.

I am happy to take children in real/cloth nappies. Please discuss this with me before your child(ren)s start date.

I will change your child regularly, and immediately if they have a soiled nappy. I believe that changing a nappy should provide lots of opportunity to communicate with your child(ren) and, as their understanding grows, provides time to discuss basic hygiene and preparing them for potty training. After a nappy change, children over 1 will be encouraged to wash their hands. If you could continue this routine at home it would help reinforce the good hygiene practice so that when they go on to potty training it is already a part of their toileting needs routine.

Children will be changed in the bathroom area so that when your child is ready for potty training, they know where these routines should take place. When your child starts to show signs that they are becoming aware of their bodily functions, I will arrange a convenient time to meet with you and discuss your plans on potty/toilet training your child. It is unusual for a child to be ready to be potty trained before their second birthday and for some children it can be a lot later. Please do not be concerned if your child shows no signs of being ready yet. It is very important that we work together to potty train your child, and pick a suitable time to do it when we can both dedicate time. If we start the training and your child is not ready, then we can stop and start again when they are. Some children take to potty training overnight, for some it is a longer process. The most important thing is that we work together to give your child the support and reassurance they need during this period. I will provide you with daily feedback on how we are progressing with the training.

In order to help your child become more independent in going to the toilet, I can provide the following equipment:

- Potties.
- Toilet trainer seat.
- Steps for the toilet and the wash basin.
- Potty training charts.

Please let me know if you wish to discuss your child's potty training.

There are lots of useful websites on the internet. I found the following one extremely useful:  
[www.pottytrainingtips.com](http://www.pottytrainingtips.com)

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Signed:

Date Reviewed	Signed