# Policies and Procedures: Sun Protection.

The damaging effects of sun exposure on young skin have recently been well documented. I will do everything I can, working in partnership with you, to ensure that your child is protected.

I will need you to provide me with:

- Permission to administer the factor 50 sun cream I have (or a high factor sun cream suitable for your child. If providing your own this must have a 5 star rating, be factor 50 and be a spray bottle).
- Sun hat (preferably a Legionnaire's style hat to protect the neck).
- A thin top/T-shirt/cardigan to cover shoulders.

I will ensure that your child uses sun cream and that they wear a hat. Children will regularly be reminded to put it back on and have the reasons why explained. I will avoid spending long periods of time in direct sun light during the hottest part of the day but will encourage children to play under a Gazebo, shade sail or in naturally occurring shade eg under a tree. For younger babies I will ensure that a sun parasol is in place on their push chair. I will encourage your child to drink plenty of water to prevent dehydration.

When in the paddling pool, children will be given a water hat to wear and where possible a body covering swim suit. Water resistant sun cream will be worn and the water will be a tepid temperature to reduce the risk of sunstroke. (Please refer to paddling pool P&P).

On very hot days I will ensure play equipment is not too hot to touch. I will make children aware that man hole covers etc will be hot. I will constantly remind children to keep their shoes on to ensure the heat retained in the AstroTurf, tarmac etc does not hurt the soles of their feet.

First Written: 1st August 2014 Last Updated: 28th September 2018 Signed:

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Elliotts